



Carolina HeartBeat

Publication of Carolina Heartland *USB Dance* Chapter 6092

Send news and views to trudy@newhomeguides.com; Visit www.carolinaheartland.org
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www.carolinaheartland.org

From the President...

(Ellie Dolata, Flo Jackson, Lib Johnson, Fran Randolph, Sherri Raeford, and JoAnn Snyder journeyed to NYC in mid-August.)

I was one of the lucky ladies who went on a whirlwind trip to NYC, arranged by Sherri Raeford, for three days which turned into four. It was a fantastic time, and we took in a lot of sights and treats. We started with Ground



Ellie Dolata

Zero which was a solemn and heart-wrenching experience, reviewing what happened that day via video - truly incomprehensible. How this could have occurred is hard to understand. We passed the Statue of Liberty on the Staten Island Ferry which made me realize again what our country stands for. The skyline without the towers seems so very different.

Our evenings were taken up with a comedy and a musical. *Jersey Boys* was full of energy, taking us back in memory to that era. Frankie Vallée has a truly remarkable voice, and the composer's talent was what made the *Four Seasons* so popular.

Of course, there was shopping at Saks and other stores. We had coffee on Times Square after the show, and the people and lights never stop! Wish we had a pedometer to measure the miles our feet trod! Whew!

While in Central Park, I spotted some bike rickshaws. We were hoping they could take us to the edge of the park - luckily they said they were able to drop us at the hotel. What an exciting ride with the "driver" from Turkey, pointing out our American landmarks, with taxis blowing horns as we were weaving and veering here and there among buses, trucks, and cars. A real treat but not for the fainthearted.

On Sunday, September 14, we will be attending our monthly dance at a new site, Skateland USB West on Stagecoach Trail near the Barn Dinner Theatre. Please come, look around and see if you prefer this site (Skateland West) or Skateland North where we have been meeting this year. This is an opportunity for the membership to input their preference. Burt Jackson has been kind enough to prepare the ballots which will be available at the dance. Those who cannot attend may use the ballot on page 2 of this newsletter!

Ellie Dolata

USB Dance Calendar

Saturday, September 13 - Mayberry Ballroom Dance, lesson at 7:30 p.m., dancing 'til 10:30 p.m., Health Fitness Center, Mt. Airy.

Sunday, September 14 - Monthly Dance, Swing lesson by Allen Berryhill at 5:30 p.m., dancing from 6:15 - 8 p.m. at NEW SITE - Skateland USB West, 200 Stagecoach Trail.

Monday, September 8 - Outreach - Amazing Grays luncheon, Emerywood Baptist Church, High Point.

Sunday, October 19 - Fifth Annual Showcase, 4-7 p.m. Oriental Shrine Club.

Spotlight on....



Craig and Tommy Collins

We met in October 1976, at a CC coffee break; he winked at me from across the room and I told my Mom he was the man I was going to marry.

We had our first unofficial date in November on my 18th birthday. We went roller skating with different partners who, as it turned out, could not skate. We started dating and went dancing every night except two until we married in June of 1977.

We won our first dance competition on our honeymoon. We took lessons at our local Fred Astaire Studio and continued to dance while working and raising our two sons, Landon and Blake. (Our oldest son was born the night after a ballroom event at our local Moose lodge.) In the '90s we decided to explore International Style of dance with several teachers and coaches over the years.

We have had several hobbies during our 31 years of marriage, but ballroom dancing and motorcycle riding have outlived all. Moving to Fancy Gap in 2005, we attended a few dances but had not found a place for ballroom dancing.

We were at breakfast in Mt Airy when a man filling the newspaper boxes gave Craig a copy of *The Messenger*, Mt. Airy's newspaper. Looking through the pages, I saw an announcement for ballroom dancing in Mt. Airy. I called the number and spoke with Carole Bryant who invited us to the practice dance that evening. We went and the rest, as they say, is history. We have joined USB Dance and look forward to dancing on a regular basis again.

Tommy Collins

Showcase to Feature Ten Couples...and Dancing

Encircle the date (Sunday, October 19) for an afternoon of dancing and applauding the dancing of a dozen or so couples who have registered to perform at Carolina Heartland's fifth annual Showcase at the Oriental Shrine Club.

Lib Johnson, co-chair with Fran Randolph, has announced the following who will perform:

Cindy Smith & Robert Simpson-Bolero; Rodney & Carolyn Williams-Paso Doble (and Rumba if time permits); Chattie Byrd & Tim Saunders-Tango; Wanda & Wayne Wilson-Samba (and jive if time permits); Burt & Flo Jackson-Quickstep; Fran Randolph & David Idol-Argentine Tango (and Waltz if time permits); Jerry & JoAnn Snyder-Mambo; Paul and Ling Sun-Waltz; Ellie & Joe Dolata, Quickstep; and Susanne Higgins & Tim Saunders-Foxtrot.

Volunteers are needed to contribute snacks as they did last year when there was a generous sampling of delicious food. Reservations (\$12 pre-paid; \$15 at the door) should be mailed to Wes Smitherman at 904 Fairidge Drive, Jamestown, 27282.

Chapter Moves to New Site for September Dance

Our September dance will move from Skateland USB North to a new site, Skateland USB West, on Stagecoach Trail, following a board decision in July.

When the chapter outgrew The Grange last fall, the board voted to move to the Skateland North site. In view of the fact that 70 percent live closer to the Skateland West site, it was decided to schedule a dance there during the year, giving dancers a choice between the two locations. (Skateland West is located at 200 Stagecoach Trail off West Friendly.)

Ballots will be available at the September dance or members may use the ballot on page 2 in this newsletter. Only members whose dues are current will be permitted to vote.

International Rumba Workshop

Wayne and Marie Crowder will teach an International Rumba Workshop (\$30) Saturday, September 29, from 1 - 4 p.m. at the Grange

Leadership and Dancing by Michael Masterson

(Three rules for becoming a better dancer can also be applied to becoming a better leader in business. The following is digested from an article by Michael Masterson from Carolyn Williams)

First: Split-second decisions are a big mistake men make on the dance floor. They leave no time to signal their partner so they compensate by pushing and shoving, resulting in awkwardness and jerky movements. In business, having a long-term vision of what your business should become is like knowing what dance steps you want to do. **Being a good leader in business** demands that you also have good ideas about medium and short-term tasks required to achieve that vision. And you have to communicate those ideas to your partner on the dance floor as well as your employees and suppliers in business.

Second: Signal your intentions distinctly. Practice dancing alone to achieve a repertoire of moves you can do

without making sudden changes. With these in mind, give various touches on the partner's back, imperceptible to anyone watching but obvious to the partner dancing. **Knowing what you want** from your dancing partner as well as your business partners is not enough. You have to let both know what you want by communicating clearly.

Third: Lead to demonstrate your partner's strengths. In dancing, the purpose of the man is to lead in order to showcase the woman. Think of Fred Astaire, one of the greatest dancers of all time. None of his partners had achieved his level of mastery, but he always made them look better than they were by performing the moves they did best. In business, to be successful, you need to get all of your colleagues **working at their peak levels**. And you want to **take advantage of all the things they do especially well**.

Chapter News & Dance Sites

by Charlotte Griner

Carolina Foothills will celebrate National Ballroom Dance Week September 27 with a dance and music by The Frank Love Orchestra; Holy Trinity's Fellowship Hall. Contact Mike Sheldon, badbob80@charter.net.

Greenville - The Couples' Dance Club's Fall Dance will be Friday, September 19, at the Rock Springs Equestrian Center from 8- 11 p.m.. Live music by the Chuck Eatmon Band. For further information, contact Hazel and Jarvis Tripp at (252) 355-1793.

Green's Supper Club, Hwy 29N; Sept. 5, 19, 26, Bobby Snyder, DJ, no cover; Sept. 12, DJ TBA, no cover; Sept. 6, Sayer/McShane, \$8 cover; Sept. 13, TBA; Sept. 20, The Castaways, \$10 cover; Sept. 27, DJ, no cover.

Club Fifth Season - Sheraton at Four Seasons Monday 8:30-12 p.m., Tuesday-Thursday 8:30-12:30 a.m., Friday and Saturday 8-1 a.m. Top 40/Beach; live bands weekends only. Cover \$5/person weekends; women free, men \$3 weekdays. Call or Visit www.sheratongreensboro.com, 292-9161.

SC Grand Strand Chapter - Travelers to Myrtle Beach are invited to join the Grand Strand chapter at dances Friday, September 26, and Sundays October 26 and November 2. Dances are held at the AF Base Recreation Center. Visit their website (www.usadancegrandstrand.org) or call Richard Boland at 910-579-5791.

Dance Opportunities

by Betty McClintock

Every Friday Biltmore Ballroom Center, lesson and dancing 7:30 - 10 p.m. 3540 Old North Main St., High Point. \$10. Contact: Robert Simpson, (336) 453-0386

Friday, September 5 - First Friday Dance, The Grange, 4902 Guilford School Road, 8 - 10 p.m. Benefit for Grange. Music by Lib and Bob Johnson.

Sunday, September 7 - Tea Dance, 3:30 - 5:30 p.m.. The Grange, 4902 Guilford School Rs. \$7. Hosted by Tim Saunders.

Friday, September 12 - Carl's Dance, 6:30 p.m., High Point Elk's Club. \$15. Dinner and dancing to music by Carolyn and Rodney Williams. (Reservations MUST be made by preceding Tuesday afternoon by calling Carolyn Williams, 336-945-3635.

Saturday, September 33 - Greensboro Social Dance Club, 8 p.m, Lewis Recreation Center, 3110 Forest Lawn Dr., \$5, contact: Joe Leggio, 336-643-6088

Saturday, September 27 - Horizon Dance Club, at The Grange, Guilford School Rd. 8 p.m., \$5 Member contact: 336-623-4599.

Saturday, September 27 - Piedmont Swing Dance Society, lesson & dancing, 7:30 - 11:30 p.m. \$10 Oriental Shrine Club. www.piedmontswingdance.org.

Sunday, September 28 - Piedmont USB Dance; lesson at 5:30 p.m., dancing 'til 8 p.m.; Skateland USB, Clemmons. For more information, call Marcia Barney at 336-712-4183.

Hospitality Hosts - Peg & Dan Manross

and Doris Kiser will host our September dance. Assisting our August hosts, the Leggios and the Astins, were Charlotte Griner, Dot Russell, the Smithermans, Doris Kiser, the Masons, Al Kamperman, Lynda Williams, Joyce d'Arconte, the Wilsons, the Snyders, Verita Harper, and the Bryants.

The Winnah - Linda Perry was the first to guess the identity of the male ballerina in the July HeartBeat. She wins free admission to a Sunday dance for naming Conrad McClintock.

Carolina Heartland Chapter 6092
Voting Ballot

**PLEASE ONLY ONE BALLOT
PER MEMBER**

We are asking members to vote for the location of future Carolina Heartland monthly dances. We now have our dances at SKATELAND USB NORTH, 3801 North Church Street. Our September 14 dance is scheduled at SKATELAND USB WEST, 200 Stage Coach Trail.

Please cast your "YES" vote for only one location below:

_____ SKATELAND USB WEST 200
Stage Coach Trail

_____ SKATELAND USB NORTH 3801
North Church Street

Vote cast by: _____
(Print Your Name)



Dancers at River Landing - When our Outreach group paid a repeat visit August 15 to the River Landing retirement facility, Mary Bogest covered the event for the High Point Enterprise, featuring it in her weekly column on Sunday, August 24 under the headline "Ballroom dancing is alive and well." Dancers were, l-r, Trudy Atkins, Dave Idol, Virita Harper, Linda Williams, Al Kamperman, Elaine, Charlie Hafer, Chattie Byrd, Curtis Holt, Rob Cockrell, Linda and Robert Perry, and Betty and Conrad McClintock.