



USA Dance, Inc.

Carolina Heartbeat



A publication of Carolina Heartland, Chapter #6092 www.carolinaheartland.org, Carolina Heartland on Facebook

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April 2017

A Message from our President



Spring is upon us and with the coming of spring also comes Carolina Heartland's Annual Black Tie Gala. Our Black Tie will be held at the Koury Convention Center on April 22nd and should be a wonderful event. I've been working diligently to find new dance music for us, so please come out and join us for an evening of dancing to old favorites as well as some songs that just may become your new favorite. If you haven't registered for the event yet you will be able to do so at our regular monthly dance on Sunday April 9th; please bring check or cash,

At our regular monthly dance in April, Adina Harper will be providing us with a swing lesson from 2:30 to 3:15 followed by dancing to music provided by Charlie Hafer from 3:15 to 5:00 PM. In May we will not have our regular Sunday afternoon dance but instead will have a Saturday evening dance at the Guilford Grange following our workshop on May 20th. Adina will provide us with a 2 hour Waltz workshop that afternoon and then we invite everyone to join us for our dance that evening to music provided by yours truly. Those that attend the workshop will have free admission to the dance. I hope that you can join us for all of the wonderful events.

See you on the dance floor.
Terry L. Whittington,
President Carolina Heartland Chapter #6092
USA Dance, Inc.

Treasury Balance for April 1: \$4017.93

March Heartland Report

Our March 12 dance started with an excellent bronze-level foxtrot lesson taught by Jordan Jewell. This was the first time he has taught for us, and most likely not the last time. The lesson was followed by great dance music programmed by Terry Whittington.

We welcomed guests Susan Thurman, Bart & Beth Hillenbrand, Liz & Lou Popowsky, and Rodger Haberfield.

We thank Lib Johnson, who hosted the dance and supplied great St. Patrick's Day decorations, and Marty Bergman and Charlie Hafer, who helped set up for the dance.

Thanks also to those who brought refreshments, including Charlie Hafer, Marty Bergman, Doris Kiser, and Ken Lommel.

Our first Competition Practice & Fun Dance at the new UNCG Recreation Center, on March 25, drew 17 dancers. They had a fun time dancing to music programmed by Terry Whittington.

And congratulations to the 3 Carolina Heartland couples who competed in the USA Dance Nationals in Baltimore. They were Terry & Melanie Whittington, Mel & Victoria Paterline, and Mark Lichtenberger & Dale Flowers. Reports are that they all did well.

Upcoming Carolina Heartland Events

Monthly Dance, April 9- Guilford Grange, 4909 Guilford School Rd, Greensboro. 2:30 pm: Swing lesson with Adina Harper, general dancing to recorded ballroom music 3:15 until 5:00. **Admission fees:** \$5 for USA Dance members, \$10 for non-members, \$5 for students, free for first-time guests.

April 22—Black Tie Ball—Koury Convention Center, 3121 Gate City Blvd., Greensboro. 6:30-11:00 pm. See our website or Facebook page for reservation form.

May 13— American Waltz Workshop, Guilford Grange, 2:00-4:00 pm, taught by Adina Harper, \$20. Includes free admission to evening social dance. Reserve a spot by May 11 by contacting Melanie at infvivi@aol.com or 919-563-0350.

May 13— Monthly Dance, Guilford Grange, 7:00-10:00 pm. (No pre-dance lesson). Free admission for those who attended the waltz workshop, usual admission fees for those who didn't.

Recognition of Dance Volunteers

The Carolina Heartland board of directors voted earlier this year to show appreciation, in a small way, to the volunteers who play a large role in the success of our monthly dances.

This includes those who come in early and help set up and decorate the seating and refreshments areas, those who welcome attendees and collect attendance fees, and those who prepare the music programs for the dance. Often these tasks also mean missing some of the pre-dance lesson and missing some of the dance numbers.

Our form of recognition is to grant free admission to the dance for the volunteers who host, collect fees (sometimes called "teller"), and prepare the music. The board also hopes this will give a little incentive to encourage more people to volunteer for these important positions.



Meet The Teachers

This is an occasional series of articles highlighting local dance teachers.



Adina Harper

Adina Harper began Ballroom and Latin dancing in 1997. It was a mother and daughter venture that she suspected was formulated in order to help her out of her shell. (Her mother, Virita Harper, has been a USA Dance member for over a dozen years, attends many local dances and has performed many dance showcases, often with Tim Saunders.)

In 2004 Adina began teaching, and was with Fred Astaire Studios for several years. Since that time she has been able to compete, perform, and choreograph professionally. In 2011 she became an Independent Instructor.

Adina states "I'm constantly redefining my dance knowledge with study and training from many sources. In 2016, I had the privilege of traveling to Russia and training with a Blackpool Competitor. My goal is to be the best possible dancer that I can become, while advancing my students to whatever level they personally wish to achieve."

Adina has taught pre-dance lessons and workshops for Carolina Heartland for several years, and will be teaching swing at our April 9 dance as well as our waltz workshop on May 13. She teaches private and group lessons and holds a dance in Clemmons. Her contact information is dancing_dina@gmail.com, or 336-392-1957.

Left: Mike Vuncannon and Adina perform at our 2017 NBDW Showcase (photo by Sherri Raeford)



Dance Opportunities

Saturday, April 8 – Greensboro Social Dance Club, Lewis Recreation Center, 8:00 pm. Eileen Leggio 336-643-6088.

Friday, April 21 – Step Set Dance Club, River Landing, 7:30-9:30 pm. Charlie Hafer 336-554-5279.

Saturday, April 22– 4th Saturday (Horizon) Dance cancelled due to Black Tie, will return May 27.

Sunday, April 23 – Piedmont USA Dance, Jerry Long YMCA, Clemmons. 4 pm lesson, 4:30-6:30 dance. Marcia 336-712-8183.

Saturday, April 29 - 5th Saturday Dinner Dance, High Point Elks, 700 Old Mill Rd., 7-10 pm. Music by Rodney & Carolyn Williams, Reservations: Carolyn 336-945-3635, cvkw@twc.com.

Friday, May 5 – 1st Friday Cinco de Mayo Dance, Guilford Grange, 8-10 pm. Great dance floor, great music. 336-299-7412.

Saturday, May 6—1st Saturday Dance, Southfork Recreation Center, Winston-Salem, 8-10 pm. 336-659-4305.

Sunday, May 7—Tim Saunders 1st Sunday Dance , Guilford Grange, 3:30-5:30 pm. 336-324-1924.

Classes – Southfork Rec. Center, Winston-Salem, with Allen Berryhill. Wed: Beginner Ballroom 7:30 pm, Non-beginner 8:30; Thur: Non-beginner 7:30, Beginner 8:30. 336-659-4305.

Photos from our March dances, taken by professional photographer Steve Raeford



Above: Melody Kearns & Jordan Jewell, Linda & Larry Jackson, Liz and Lon Popowsky

Below: Dale Flowers & Mark Lichtenberger, Carlie & Jan Coats, Mel & Victoria Paterline

