



# USA Dance, Inc.



**Carolina Heartbeat:** a Publication of Carolina Heartland, Chapter #6092

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[www.carolinaheartland.org](http://www.carolinaheartland.org)

### The President's Column

I have always thought that in the spring the world seems to vibrate with renewal and growth. As Shakespeare said in Sonnet No. 98, *April... hath put a*



*spirit of youth in everything.*" And indeed, April and the spring can be revitalizing. It is quite appropriate that we celebrate April with our fabulous Black Tie Ball, *A Royal Gala*. Dancers will be gathering from the Triad and across the state in the beautiful ballroom at Joseph F. Koury Convention Center for our largest formal event of the year. A creative team of Carolina Heartland volunteers is producing a unique event that will welcome you as if you were royalty. You will have a great variety of music provided by Linda Jackson, Lib Johnson and Rocky Troxler. A delicious meal will be provided by the Koury Center and then we can dance the night away! Please note, we will also have a monthly dance and are changing the date to the 4<sup>th</sup> Sunday, April 22, to continue the fun. In May, we will move to the 4<sup>th</sup> Sunday in order to prevent a conflict with Mother's Day. We are committed to offering as many dance opportunities as possible throughout the year.

We have weathered the winter and now can enjoy the warmth and light of the coming months. In the words of another icon, Robin Williams, "*Spring is nature's way of saying, 'Let's party!'*" So, we'll begin with a big one! I'll see you all at *A Royal Gala!*

Sherri Raeford, President

Carolina Heartland Chapter #6092,  
USA Dance, Inc.

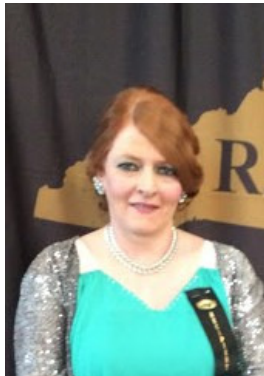
You may contact Sherri at [sherri@lovesdance@gmail.com](mailto:sherri@lovesdance@gmail.com) or 336-

### Carolina Heartland Calendar

**Carolina Heartland will hold its April Dance on April 22, 2018.** At 3:30, Tim Saunders will teach bolero. **General Dancing will be from 4:15-6:00.** Guilford Grange, 4909 Guilford School Rd., Greensboro, NC. **Admission fees: \$5:00 for members, \$10.00 for non-members, and \$5.00 for students with ID card.** *Please bring your favorite snacks and enjoy dancing to Rockie's music.*

### Spotlight on Caroline Owen

Caroline Owen is well known to the Carolina Heartland chapter because of her generosity in helping with the "food preparation and presentation" for the annual NBDW showcase. Born in Whiteville, NC, Caroline spent her youth in Greensboro except for 2 years at a school for Asthmatic children in Tucson, AZ. She says that "It was during my many hospitalizations for asthma that I really observed medical personnel. Consequently, as a teenager, I decided I would be a good nurse because I certainly knew how it felt to be a patient."



After graduating from Page High School, Caroline attended UNCG and GTCC, earning an Associate degree in Nursing from GTCC in 1975. In working at High Point Hospital and Wesley Long on various shifts, she took advantage of the night shift since it enabled her to earn and save the money with which she purchased her first home in 1980. In the course of her career, she worked on a busy surgical floor, the telemetry unit, general medical surgical units and the orthopedic unit. From 2002 to 2016, she taught a very enjoyable pre-operative class for patients while at the same time continuing to work three twelve-hour shifts. Her diligence resulted in a special honor depicted in the 2015 photo above. She is shown there as a proud recipient of one of the 100 annual awards by the NC Board of Nursing, an honor based on practice and commitment to the profession of nursing in NC.

Now in retirement, Caroline enjoys many leisure activities; a few of them are decorating, cooking, making costumes, playing Scrabble and volunteering in church activities, especially for kids.



**Continued in Col. 2, p. 1.** . . . . .

**Note of interest:** In her participation in Operation Smile in February, Alison Bailey's exquisite dancing inspired her friends to help her raise \$9,706.00.

**LOOKING FORWARD!**  
**Make your RESERVATION!**  
**"A ROYAL GALA"**



April 14, 2018

Everyone, please plan to have a wonderful evening. Ladies, Remember, we have two dance hosts who will be looking for you. When you arrive at the dance, locate their tables and let them know where you are seated for the evening.

### Return to Outreach!

**Let's join the Outreach for fun with Steve Raeford! This will be a return to a special activity from our past.**

Let Steve know if you want to participate in Outreach dancing exhibitions! Also stay ever aware that we need to let him know about groups or venues for Outreach Opportunity! We will be visiting groups from which we can entice people to join us in dance! We also will do "good will" visits to such places as nursing homes. Put this on your list of fun things to do and make it official by giving your name to Steve as a volunteer and keep sending him suggestions: [raefordphoto@bell-south.net](mailto:raefordphoto@bell-south.net).

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### Spotlight continued. . . . .

Through her sister Jo Ann Lommel, Caroline got hooked on swing dance in 2002 and on ballroom dancing in 2016. She works hard and it is pretty obvious she is now hooked forever. When she volunteers for working the showcase again in September, 2018, it will be as a bona fide member of Carolina Heartland.

**Sunday, Apr 1, First Sunday**, Tim Saunders Dance, CANCELLED! Tim 336-324-1924.

**Friday, Apr. 6, 1st Friday**, Guilford Grange Dance, 4909 Guilford School Rd. Dancing at 8:00. Contact: libsjohnson@triad.rr.com.

**Saturday, Apr. 7, First Saturday**, Southfork Recreation Center, Winston-Salem, 8:00-10:00pm. Contact: 336-659-4305.

**Friday, Apr. 13, 2nd Friday**, Dinner & Dance, High Point Elks Lodge, 700 Old Mill Rd., Dinner-7:00-Dancing 8:00, contact Carolyn Williams, 336-945-3635.

**Saturday, Apr. 14, 2nd Saturday**, Carolina Heartland Black Tie Ball, "A Royal Gala." Gathering at 6:30, dinner at 7:00, dancing from 8:00-11:00. Koury Convention Center. Contact person: libsjohnson@triad.rr.com about reservations.

**Saturday, Apr. 14, 2nd Saturday**, Greensboro Social Dance Club, 8:00 p.m., Lewis Recreation Center. Contact: Eileen Leggio, 336-643-6088.

**Friday, Apr. 20, 3rd Friday**, Step Set Dance, Please note PERMANENT change of venue and time: Guilford Grange, 4909 Guilford School Rd., Greensboro, NC, **8:00-10:00**. Contact: Charlotte Jackson, 336-889-5534, jercharjack@yahoo.com.

**Sunday, Apr. 22 and May 27, 2018! Both fourth Sundays** for Carolina Heartland's monthly dances. Venue still to be Guilford Grange, **TIME 3:30 lesson; 4:15-6:00, general dancing**. Contact: libsjohnson@triad.rr.com, 336-299-7412.

**Sunday, Apr. 22, Fourth Sunday**, Piedmont, USA Dance, Jerry Long YMCA, Lesson at 4:00 and dancing from 4:30-6:30. Contact: Marcia, 336-712-8183 or hmbar@aol.com.

**Saturday, Apr. 28, 4th Saturday**, Horizon 4th Saturday Dance, Guilford Grange, 4909 Guilford School Rd., Greensboro, NC, 8:00-10:00. Contact: libsjohnson@triad.rr.com.

**Weekly Classes** - Southfork, Winston: Allen Berryhill, teacher. **Wednesday night, 7:30**, Beginner Ballroom; 8:30, Non-Beginner Ballroom. **Thursday night, 7:30**, Non-beginner; 8:30, Beginner. Contact: 336-659-4305.

#### Headstart-Outreach

On March 17, Mel and Victoria Paterline got a bit of a headstart in Carolina Heartland Outreach efforts when they did an exhibition dance in a fund raiser event, the Dance Project, part of the Van Dyke Dance group which is based in the Cultural Arts Center. They also took the opportunity to provide information about USA Dance, ballroom dancing and our local chapter newsletter.

#### Photos by Professional Steve Raeford:

**Right: Robert Simpson & Mary Beth Jordan with Bob Jordan looking on.**

**Below: From the Free Beginner Class-Jan Bergman and friend; from the March 11 dance, David Wood & Marty Bergman, Mel & Victoria Paterline.**



#### March 11th St. Patrick's Dance: A special thanks to Robert Simpson for a fantastic rumba lesson.

**Thank You** to hosts Ken & Jo Ann Lommel; to these providers of tasty snacks - Liz Gilkey, Bob & Mary Beth Jordan, Ken & JoAnn Lommel, Lynette and Wes Smitherman, Melody Kearns, Cherrie Wheaton, and David Wood; to Wes Smitherman for serving as teller and to Wes and Lynette Smitherman for assisting with anything that comes along; to Lib Johnson for the great music; and to proofreader.

