



# USA Dance, Inc.

## CAROLINA HEARTBEAT



A publication of Carolina Heartland, Chapter #6092 [www.carolinaheartland.org](http://www.carolinaheartland.org), Carolina Heartland on Facebook

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November 2016

### A Message from our President



Fall is upon us and with the coming of fall also comes lots of dance opportunities. We will have a waltz workshop on November 12<sup>th</sup> with Tim Saunders teaching. Then the following day, November 13<sup>th</sup>, will be our regular monthly dance with Adina Harper teaching a cha cha lesson.

With the coming of November and all the talk about elections, I want to make you aware of an election that is very important to us. USA Dance will hold elections for national officers from November 4-14, 2016. You may cast your vote online, by telephone, or by mailing the ballot contained in the last American Dancer magazine by November 14th. For further information about the election and the candidates or to vote you can visit [elections.usadance.org](http://elections.usadance.org).

I want to encourage all our members to take an active role in the future of our organization and cast your vote in this upcoming election. We have a member of our chapter, Carole Barber, running for the position of DanceSport delegate. We also have a member of the Greenville, NC chapter, Ruth Long, running for Senior Vice President. If anyone has questions about the candidates please feel free to contact me ([surgeonca@aol.com](mailto:surgeonca@aol.com), 919-883-1487) and I will provide you with any information I can. See you on the dance floor. Terry L. Whittington, President USA Dance Carolina Heartland Chapter

### October Heartland Report

The editor was out of state during the October 9 dance, but heard reports that there was good attendance and that Tim Saunders did a great bolero lesson. Thanks to those who helped set up for the dance and all those who brought refreshments, and to Wes Smitherman for being teller.

Tim Saunders will be teaching for us again this month, with a two-hour American Waltz workshop on November 12. See column 2 for details.

**Treasury Balance for Oct. 31: \$2502.10**

### Upcoming Carolina Heartland Events

**November 13** —Monthly Dance. Guilford Grange, 4909 Guilford School Rd, Greensboro. 2:30 pm cha cha dance lesson with Adina Harper. General dancing to recorded ballroom music 3:15 until 5:00. **Admission fees:** \$5 for USA Dance members, \$10 for non-members, \$5 for students, free for first-time guests.

**November 12—American Waltz Workshop**, 2-4 pm, taught by Tim Saunders. Only \$20 per person. This workshop will cover mostly intermediate material. To hold the workshop, we must have at least 9 people registered by Thursday night November 10. To register, contact Melanie Whittington at [infvivi@aol.com](mailto:infvivi@aol.com) or 919-563-0350.

As usual, payment will be collected at the beginning of the workshop.

**April 22, 2017**—13th Annual Black Tie Ball (Spring formal dinner-dance) at Koury Convention Center in Greensboro. More details available early next year, and we'll be again looking for volunteers to help produce the event.

### Carolina Fall Classic 2016

Several Carolina Heartland members competed at the 8<sup>th</sup> Annual Carolina Fall Classic in Charlotte on the first weekend in October. Those that I know of include Carlie and Jan Coats, Mel and Victoria Paterline, Tim and Judy Daughtry, Billy Dillon and Allison Bailey, Terry and Melanie Whittington, and Mark Lichtenberger & Dale Flowers. The competition results for three couples are listed below, hopefully our other competitors also did well.

Because of Mel Paterline's heart surgery this past March, the CFC was the first dance competition that Victoria and Mel participated in for over 8 months. They were very pleased with their return to competitive dancing and their placement in the events. They competed in four latin and four standard events. They were thrilled to finish in first place in Senior 3 and Senior 4 Novice Latin. And they were very excited to finish second in Senior 4 Novice Standard and fourth in Senior 4 Gold Standard.

These are the results for Billy Dillon and Allison Bailey:

- 1st-- Adult Silver Latin\*
- 1st-- Adult Silver Jive
- 2nd-- Adult Gold Latin
- 1st-- Senior 1 Silver Latin\*
- 1st-- Senior 1 Gold Latin

*(continued in next column)*



### Spotlight on Dale Flowers

(In Her Own Words)

I have been ballroom dancing for about 18 years and have always loved to dance. It's in my blood! I enjoyed ballet, tap and jazz dancing in my youth. Ballroom

dancing is the culmination of social, physical, and rhythmical expression and continues to be one of the most delightful areas of my life.

As for my non-dancing life, I am a nurse and work as a project manager at Lineberger Cancer Center, managing clinical trials which are offered to academic centers who wish to participate in particular cancer trials. I also have four adult children, of whom I am so proud, and two grandchildren, who all fortunately live in the area.

In Durham, we have a local dance club, called StarDusters, which has been around for over 27 years ([trianglestardusters.org](http://trianglestardusters.org)) I am pleased to be on that board, and provide the music for our monthly dances every other month. We would love to have you join us at any month you can!

Mark Lichtenberger and I are trying our skills on the competition floor, which is lots of fun. I live in Durham, so I am not always able to make it to the Greensboro dances, however I hope to see you on the dance floor sometime soon!

### (Carolina Fall Classic continued)

2nd-- Senior 1 Bronze Standard  
They also received scholarships(\*) for: Adult Silver Latin, and Senior 1 Silver Latin Adult Bronze Standard. They are also very happy with their results,

And Terry and Melanie Whittington also did very well, with the following results:  
2nd place in both Novice Smooth-Waltz, Tango, Foxtrot: Adult & Senior I. These were their first medals in an open event, 4 years after their first competition, at the CFC. They also got Gold Smooth-Waltz, Tango, Foxtrot, V. Waltz: Adult 1<sup>st</sup> and Senior I 2<sup>nd</sup>. And Master of Syllabus for Smooth-Waltz, Tango, Foxtrot, V. Waltz: 1<sup>st</sup> place. Also Silver Rhythm-chacha, rumba, swing: Senior I 2<sup>nd</sup> place.

Congratulations to all those who competed, and thanks to all those from Carolina Heartland who volunteered to help at the CFC.



**Dance Opportunities**

**Friday, Nov. 4** – 1st Friday Dance & fundraiser for homeless vets, Guilford Grange, 4909 Guilford School Rd., Greensboro . 8-10 pm. Great dance floor, music by Lib Johnson. Details 336-299-7412.

**Saturday, Nov. 5**—1st Saturday Dance. Southfork Recreation Center, Winston-Salem. 8-10 pm. 336-659-4305.

**Sunday, Nov. 6**—Tim Saunders 1st Sunday Dance. Guilford Grange. 3:30-5:30 pm. 336-324-1924.

**Friday, Nov. 11** - 2nd Friday Dinner Dance. High Point Elks, 700 Old Mill Rd., 7-10 pm. Music by Rodney & Carolyn Williams, Reservations: Carolyn 336-945-3635, cvkw@twc.com.

**Saturday, Nov. 12** – Greensboro Social Dance Club. Lewis Recreation Center, 8:00 pm. Eileen Leggio 336-643-6088.

**Friday, Nov. 18** – Step Set Dance Club, River Landing Wellness Center, 7:30-9:30 pm. Charlie Hafer 336-554-5279.

**Sunday, Nov. 27** – Piedmont USA Dance. Jerry Long YMCA, Clemmons. 4 pm lesson, 4:30-6:30 dance. Marcia 336-712-8183.

**Classes** – Southfork Rec. Center, Winston-Salem, with Allen Berryhill. Wed: Beginner Ballroom 7:30 pm, Non-beginner 8:30; Thur: Non-beginner 7:30, Beginner 8:30. 336-659-4305.



**Left: Melanie & Terry Whittington at CFC, photo by Calvin Young.**

**Right and Below: photos from Sept. 11 dance, taken by Steve Raeford**



**Below: Robert & Mary Beth Jordan, Liz Gilkey & Mark Lichtenberger, Virita Harper & Randy Garner; Above: Vi Thai & Cherrie Wheaton**



**Showcase Photos by Sherri Raeford. Left: Carlie & Jan Coats; Right: Victoria & Mel Paterline**

