



USA Dance, Inc.

Carolina Heartbeat



A publication of Carolina Heartland, Chapter #6092 www.carolinaheartland.org, Carolina Heartland on Facebook

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July 2016

A Message from our President



With summer upon us, what a perfect time to come inside and enjoy a little bit of the air conditioning and dance and see all your friends at the same time.

Carolina Heartland has multiple dance events coming up over the next few months, and we hope to get the chance to see all of our friends there. Our July monthly dance is coming up on the 10th and Tim Saunders will be teaching a Cha Cha lesson before the social dancing, so please come and join us for a great afternoon of dancing. In August we will also host another dance workshop at the grange in addition to our monthly dance.

And coming up on September 18th we will again be holding our annual National Ballroom Dance Week Showcase. The forms to register to attend the event or to dance in the event will be available soon, so be looking for these forms and be thinking of what dance skills you'd like to show off as part of the showcase this year

See you on the dance floor!

Terry L. Whittington
President, USA Dance Carolina Heartland Chapter

Upcoming Carolina Heartland Events

July 10. Monthly Dance. Guilford Grange, 4909 Guilford School Rd, Greensboro. 2:30 pm Cha cha lesson with Tim Saunders. General dancing to recorded ballroom music 3:15 until 5:00. **Admission fees:** \$5 for USA Dance members, \$10 for non-members, \$5 for students, free for first-time guests.

August 13. Dance workshop at Guilford Grange 2-4 pm. More details in next issue and via emails.

August 14. Monthly Dance with pre-dance lesson. Guilford Grange 2:30 pm.

September 18— National Ballroom Dance Week Showcase, Greensboro Shrine Club. More details coming in next issue and by email,



Spotlight on Rick Pardue

Rick's introduction to ballroom dance came when he was asked by a friend to help her finish a beginner lesson package.

He admits "I did not even know what foot to start on, but I was immediately bitten by the ballroom dance bug. Ballroom dancing uniquely combines athleticism with music." With his background in various sports and playing piano, dancing was a natural fit for Rick.

He further states "I have been privileged to work with several professional instructors over the years, all of whom contributed to my ballroom dance education. However, the key to being a good dancer is taking the dancing out of the laboratory and into the real world. In other words, you gotta go to dances and dance!"

Rick has been an attorney and a ballroom dancer for several years, and he intends to continue both with no end in sight. He says "No two dances are the same and it is a chal-

lenge and a joy to see what the next gig will bring. I'll see you out on the dance floor".

Rick lives and works in the Mt. Airy area and attends Carolina Heartland and other dances in central North Carolina.

Rick Pardue at work

Treasury Balance for June 28: \$3000.82



June Heartland Report

Around one-third of a hundred dancers turned out for our June 12 dance, on a rather hot day. Many came for the excellent pre-dance Mambo lesson taught by Randy Garner, then enjoyed the social dancing with great music programmed by Rockie Troxler.

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Dance Opportunities

Friday, July 1 – Early Independence Day Supper & Dance, Guilford Grange, 4909 Guilford School Rd., Greensboro . Eating 7-8, Dancing 8-10. Great dance floor, music by Lib Johnson. Details 336-299-7412.

Saturday, July 2—1st Saturday Dance. Southfork Recreation Center, Winston-Salem. 8-10 pm. 336-659-4305.

Sunday, July 3—Tim Saunders Fabulous Fourth Dance. Guilford Grange, 3:30-5:30 pm. 336-324-1924.

Friday, July 8 - 2nd Friday Dinner Dance. High Point Elks, 700 Old Mill Rd., 7-10 pm. Music by Rodney & Carolyn Williams, Reservations: Carolyn 336-945-3635, cvkw@twc.com.

Saturday, July 9 – Greensboro Social Dance Club. Lewis Recreation Center, 8:00 pm. Eileen Leggio 336-643-6088.

Sunday, July 24 – Piedmont USA Dance. Jerry Long YMCA, Clemmons. 4 pm lesson, 4:30-6:30 dance. Marcia 336-712-8183

Friday, July 29 – Step Set Dance Club 5th Friday. Guilford Grange, 7:30-9:30 pm. Charlie Hafer 336-554-5279.

Classes – Southfork Rec. Center, Winston-Salem, with Allen Berryhill. Wed: Beginner Ballroom 7:30 pm, Non-beginner 8:30; Thur: Non-beginner 7:30, Beginner 8:30. 336-659-4305.

Heartland Report (continued)

Thanks to Lib Johnson and Marty Bergman, who set up the tables and chairs and the Cuban/Caribbean decorations, and to Lib who also hosted. And thanks to Lib, Marty, Eileen & Joe Leggio, Ken Lommel, Mary Beth Jordan, Doris Kiser, Jo Ann Snyder, Mary Lou Troxler and any others who brought food, including food that continued the Latin American theme. And also thanks to Lib for supplying the grand prize for most colorful attire, which was won by Mary Beth Jordan.

We welcomed non-member guests Jason Smith (from Richmond, VA), Chris Webster, Stephanie Lee, and Scott Tanseer.

Please join us for our next monthly dance on July 10, which will include a pre-dance Cha Cha lesson by Tim Saunders.

Photos from June 12 Mambo lesson and social dancing